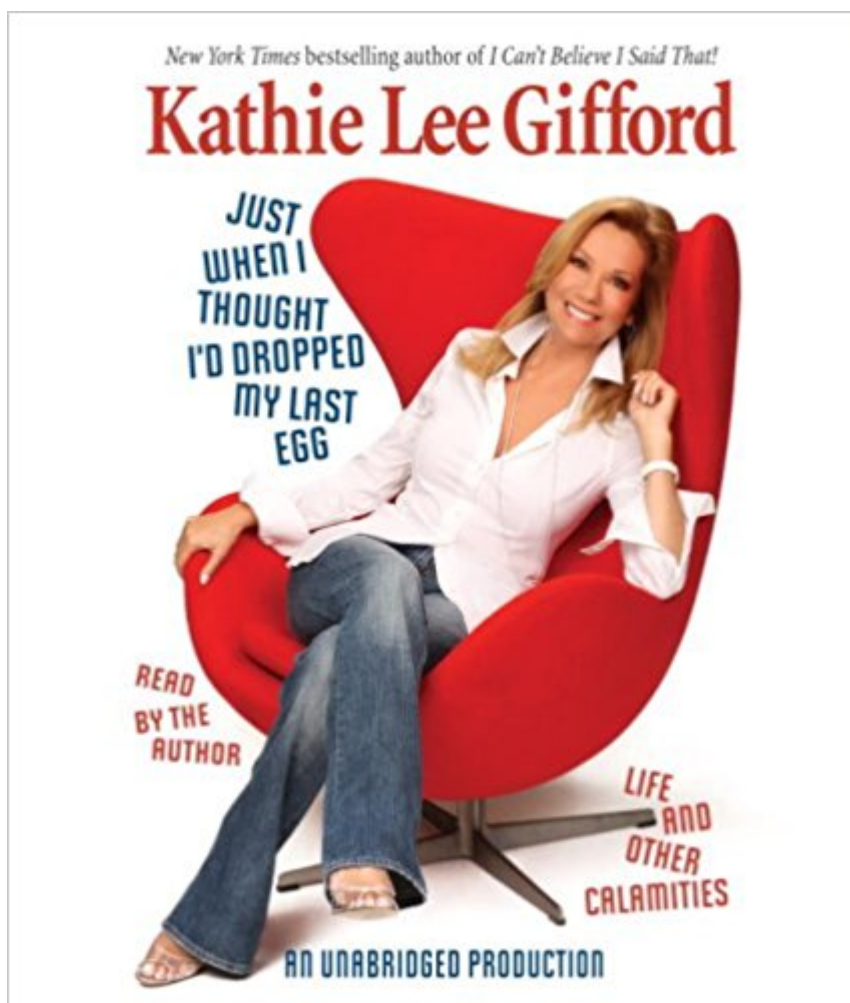


The book was found

Just When I Thought I'd Dropped My Last Egg



Synopsis

As one of America's most recognized faces, Kathie Lee Gifford has been a part of our morning routine for more years than she cares to count. And that's why it may come as a surprise to hear that there are still sides of this fiftysomething (!) devoted mother and dedicated television personality yet to be revealed. *Just When I Thought I'd Dropped My Last Egg* is Kathie Lee's triumphant, laugh-out-loud celebration of forging ahead with gusto, even long after we're old enough to know better. Over the years, Kathie Lee has learned a lot about life and about herself. Age, for instance, isn't a number, it's a state of mind, and being fertile isn't just about having babies. Perhaps most important: Our quality of life is sustained by our passions—how we express, define, and even reinvent ourselves at any age, through our careers, interests, friends, and beliefs. It's never too late to set new goals for yourself and strive to meet them, to dust off your childhood dreams and pursue them again, to wake up every morning hoping to learn something new. In this riotous collection of musings, observations, and life lessons, Kathie Lee shares her thoughts about marriage, parenthood, friendship, faith, pet peeves, senior moments, and how to extricate oneself from potentially hairy situations with self-deprecating wit. Writing with the candor of a friend who knows where the bodies are buried, Kathie Lee reveals the truth every woman of a certain age knows but won't admit: that we love our kids every second of every day but are counting the minutes till they're ready to go off to college, that even though gravity is a constant force, not all parts of our bodies droop at the same rate, and that life and show business share one simple rule: "Don't sit by the phone and wait for a man or a job." Full of warmth, humor, down-to-earth wisdom, and more than a little bit of dish, *Just When I Thought I'd Dropped My Last Egg* is a delectable read for grown-ups of all ages. From the Hardcover edition.

Book Information

Audio CD

Publisher: Random House Audio; Unabridged edition (April 14, 2009)

Language: English

ISBN-10: 0739383353

ISBN-13: 978-0739383353

Product Dimensions: 5 x 1.1 x 6 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars 46 customer reviews

Best Sellers Rank: #2,080,785 in Books (See Top 100 in Books) #90 in Books > Books on CD >

Customer Reviews

Book Description From Kathie Lee Gifford, beloved television host and bestselling author of *I Can't Believe I Said That*, comes a funny, candid, and personal collection of essays. This smart and witty collection of opinions, observations, and anecdotes covers a broad range of personal topics. Kathie Lee Gifford's stories are often funny, sometimes heartfelt, and always compelling--think Nora Ephron's *I Feel Bad About My Neck* meets Carol Burnett. No subject is off-limits: talking to her kids about sex, being married to Frank Gifford, embarrassing professional gaffes, run-ins with celebrities (of which there are many), the harsh and funny realities of aging. It's all here, told with intelligence, grace, and comedic wit. Written by Gifford's own hand, this highly original and readable volume will make you laugh out loud as you reach for the phone to share one of these charming, quirky, and colorful observations.

.com Exclusive: An Essay by Kathy Lee Gifford *Too Pooped To Peak* Recently Frank co-hosted with me on the Today Show when Hoda took a much deserved day off. Now, it's important to understand for the purpose of this essay that this is the way Frank and I met. We were colleagues at Good Morning America in 1982. Frank used to sit in for David Hartman when he was gone and I used to sit in for Joan Lunden when she was either gone or having babies, which was often. Later, when I joined The Morning Show with Regis, we continued this arrangement. But now it's 2009 and much has changed, although there's no need to discuss my weight. The point is, instead of being â€œtwo marshmallows sitting by the fireâ€• as a Washington Post critic called us when we hosted the 1988 nighttime Olympics, we can now best be described as â€œtwo old farts lucky to be anywhere.â€• In fairness, Frank has only visited me at the Today Show twice in the year since I joined, and has never co-hosted with me, so he's not familiar with the daily routine, even though I have warned him profusely:

1. We arrive at 7:30 a.m. at my dressing room
2. We then proceed to hair and make-up
3. At 8:15 a.m. we have a production meeting with the producers to go over the topics we all agree should be discussed during our Host Chat at the top of the 10 a.m. hour
4. At 9 a.m. we return to the dressing room to dress for the show.
5. At 9:45 a.m. we get our microphones and proceed to the studio

Well, we did steps 1 and 2 perfectly. In fact, I thought at the time that we had done step 3 perfectly too. It wasn't until we arrived back at my dressing room and Frank began reading production notes, laughing and commenting on them, that I realized Frank had had no idea that the production meeting was for him, too. That is when I started sweating profusely. But I needn't

have worried. After all, Frank is an old pro and very comfortable in front of the camera. But this was different. This was us in front of the camera and America likes nothing better than a good marital train wreck. Well, the one thing that's for sure about live television is that it starts when it's supposed to whether you're ready or not. Everyone agreed Frank looked adorable as we sat down. At 78, he still fills a pair of tight jeans better than any other tight end in history. And his crisp white shirt and blue blazer basically bellowed, "that's right, I'm hip and I'm happening."

• We began discussing Michael Phelps, the great Olympic swimmer, and the recent brouhaha over the published picture of him at the unfortunate end of a marijuana bong. Frank made some insightful comments about the temptations young world class athletes have to deal with. Then I asked him, "You've always told me that there is an optimum peak in an athlete's career... what did you tell me it is? 26?"

• "Yeah," Frank answered. "26 to 30. That's basically when everything comes together physically, athletically, and psychologically. That's basically when an athlete is at his peak."

• Well, I couldn't help myself. "You mean I missed your peak?"

(The crew began to chuckle which is always an excellent sign that I'm on to something.) Frank blushed, "Well..."

• I interrupted, "I mean it sure looked like a peak... sure felt like a peak. What the hell was it?"

• "You are so bad," Frank sighed, shaking his head in resignation. I couldn't agree with him more. P.S. I can't tell you how many people have commented to Frank about his "peak" since that fateful day. Way too many told him that they had personally witnessed his peak many, many times. I thought that was funny. But it was the many others who told him, "Don't worry, Frank, you missed Kathie's too."

• That really made us laugh. Sadly, laughing is all old farts are left with. (Photo Credit Charles Bush) --This text refers to an out of print or unavailable edition of this title.

Gifford has led an eventful life, one previously chronicled in the 1992 memoir *I Can't Believe I Said That!* In her sixth book, the talk-show host (15 years on *Live with Regis and Kathie Lee*; a year and counting on *The Today Show*) and singer shares more stories, observations and corny jokes in pursuit of providing food for thought, amusement or inspiration. In her introduction, she writes, I find the humor in tragedy and the underlying sadness in laughter. And in all of it I find hope. I hope you will, too. Then it's off to the races: she claims to have invented Spanx, describes her gnarly feet (and foot-lift at age 54), proclaims her happiness at her lack of technology savvy and describes an awkward visit to the gynecologist. Among the wacky stories and odd-servations, there is serious fare; for example, she touches upon her famous husband's infidelity, the sweatshop scandal that plagued her in the 1990s and her father's death. She also writes about her children, religion and

various creative pursuits. That's where the title comes in: while Gifford notes she is no longer fertile in terms of reproduction, she is Fertile Myrtle in terms of her creativity and productivity. Fans will be delightedâand detractors will be irritatedâby the book's mix of earnest life lessons and self-conscious kookiness. (Apr.) Copyright Â© Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. --This text refers to an out of print or unavailable edition of this title.

I read this a long time ago - it was forgettable. Her first book was really fun to me - but that was years ago and during a different time in American life. This book was trying to encourage women to keep on moving in spite of menopause - and that's a good thing. If you love her, you'd enjoy it. She is a wonderful human - but I think I got tired of hearing her after all these years. That's just me. Don't watch her anymore. Enjoyed her in the early Regis years.

Humorous read! Easy to follow...lots of cute funny stories.

as funny in print as she is on the screen

I've been a fan of Kathie Lee for as long as I can remember. Somehow or another she has managed to touch all of our lives who enjoy her right along with our morning coffee. This book was another treat from her, it's always nice to know someone we admire is really just one of us. And yes Kathie, in response to your poem... You MORE than matter. You matter because of who you are and how you use your wonderful gift to make others smile, and be happy. It's that simple. Thank you!

This was an easy, enjoyable read. Perhaps this is a new trend in writing autobiographies because Marie Osmond's book is similar. Rather than long chapters it's written in short essays on a variety of topics. Almost like if you were carrying on a conversation with a friend. They are short & sweet. You are not encumbered with too many words to make a chapter, like you are with other books. It's fun, filled with humor and also makes you see that being a celebrity does not shield them from the life that we all experience. Health issues, death of loved ones, tragedies, pets etc. I read alot of autobiographies but only keep certain ones for my collection...This ones a keeper!

It was an easy read and funny to boot. She gives very good advise especially towards the end of the book. I truly admire her. She is amazing!

I watch Kathie Lee every morning on the Today Show and I'll tell you, she's really grown on me. When you hear the name "Kathie Lee" you get an immediate reaction from everyone, they either love her or they hate her. Reading this book, you get an inside look at what goes on in that nutty mind of hers and some very touching stories about her kids and her daddy and her mom. Just the way she refers to her father as "daddy" is so touching and real. She is not some TV personality, she's an actual person, and that really comes through in this book with many relatable, funny, and touching stories. Well Done, KLG.

Very honest book from my pal, Kathie Lee...I love her, you can say what you want, but this woman has a sense of humor and a heart of gold!

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